

Lesson 2

Four Year Planning Form

Please print the blank 4 year planning form and then read the tutorial.

You will use the individual four year planning form to write in your current classes, classes for next year, and if possible, classes for your junior and senior year. You should consider classes that will help you to prepare for further education or employment. About two-thirds of you will apply to universities so you will need to pay special attention to college admission requirements. You can find general requirements listed in your course catalog and specific requirements listed on the college website. The other third of you will pursue educational and training opportunities, such as apprenticeships, military programs, technical college, or community college.

Before you do this, look at the attachments for this lesson. The sample 4 year plans are based on student interest. Look at the “Academic Emphasis” plan. This plan includes the recommendations for Washington State four year public college admissions. They are: Four years of math and science, three years of world language and one credit of fine arts such as music, drama or art.

Now, look at the “Music and World Language Emphasis” plan. Yes, you can take four years of music classes and get all of your graduation and college admissions requirements met. Or, you can free up more elective options by:

- Taking .5 credit PE through private lessons such as karate, dance, rowing or gymnastics.
- Take and pass the software technology challenge test.
- Take health through the district on-line course.

The “Rigorous Academic Emphasis” plan includes Advanced Placement (AP) courses offered at Issaquah and International Baccalaureate (IB) courses offered at Skyline. These are the most difficult college preparatory classes that the schools offer. Each class has a pre-requisite course, a sequential class a student must take to prepare him or her for the next class in the sequence. Students should check the course catalog for pre-requisites when planning to take rigorous courses during their junior or senior years.

One other sample on the sheet is for students taking NJROTC. NJROTC counts for occupational education credit and PE credit. The NJROTC sample also includes the requirements necessary for college admission and military school admission.

Now, write your own individualized plan for grades 9-12. Write a class in each box of the planning form. Be sure to share your plan with your parents and teachers. Ask them for their advice about classes you should take. When you're done, store your four year planning form and other school records in a folder at home. In this way you will always have the information you need for your graduation requirements.